Office of Food & Nutrition Services
NYC Public Schools

DECEMBER 2025: Pre-K - 8 Breakfast Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE)	Hot Cinnamon Knot (V) Yogurt Choice (V) Hot Oatmeal (V)	Egg & Cheese on a Croissant (V) Hot Oatmeal (V)	Buttermilk Pancakes (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V)	Egg & Cheese on a Bagel (V) Hashbrowns (VE)
8	9	10	11	12
Banana Breakfast Bread (V) Cheddar Cheese Stick (V)	Rise and Shine Waffles (V) Blueberry Topping (VE) Hot Oatmeal (V)	Egg & Cheese on a Buttermilk Biscuit (V) Yogurt Choice (V) Hot Oatmeal (V)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE) Hot Oatmeal (V)	Breakfast Quesadilla (V) Salsa (VE)
15	16	17	18	19
Zucchini Carrot Breakfast Bread (V) Yogurt Choice (V)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE) Hot Oatmeal (V)	Breakfast Griddle Sandwich (V) Hot Oatmeal (V)	French Toast Sticks (V) Cherry Topping (VE) Hot Oatmeal (V)	Caprese Egg Sandwich on Ciabatta (V) Home Fries (V)
22	23	Winter Recess 24	Winter Recess 25	Winter Recess 26
Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE)	Hot Cinnamon Knot (V) Yogurt Choice (V) Hot Oatmeal (V)	Egg & Cheese on a Croissant (V) Hot Oatmeal (V)	Buttermilk Pancakes (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V)	Egg & Cheese on a Bagel (V) Hashbrowns (VE)
Winter Recess 29	Winter Recess 30	Winter Recess 31		
Banana Breakfast Bread (V) Cheddar Cheese Stick (V)	Rise and Shine Waffles (V) Blueberry Topping (VE) Hot Oatmeal (V)	Egg & Cheese on a Buttermilk Biscuit (V) Yogurt Choice (V) Hot Oatmeal (V)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE) Fresh New York Bagel Stick Assortment French Toast (V) Cinnamon Raisin (V) Plain (V)
Milk 1% Low-fat (V)	Cold Cereal Choices Berry Toasted Oats (VE) Blueberry Granola (VE) Cereal with Oat Clusters (V)	OFFERED DAILY Options may vary by location	Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins	OFNS has an extensive Prohibitive Ingredients List available at:

Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request

Cereal with Oat Clusters (V) ereal with Oat Clusters (v Cinnamon Vanilla Granola (VE) Honey Toasted Oats (V) Shredded Wheat Toasted Oats (VE)

Breakfast After the Bell **Grab and Go**

Alternative Breakfast
Grab and Go
(Cereal, Fruit and Milk)

Honeydew, Mandarins, Oranges, Pears, Strawberries (VE)

> Condiments Syrup (VE)



ATTENTION:
• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

DECEMBER 2025: High School Breakfast Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE)	Hot Cinnamon Knot (V) Breakfast Bar (V) Hot Oatmeal (V)	Egg & Cheese on a Croissant (V) Hot Oatmeal (V)	Buttermilk Pancakes (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V)	Egg & Cheese on a Bagel (V) Hashbrowns (VE) Breakfast Bar (V)
8	9	10	11	12
Banana Breakfast Bread (V) Cheddar Cheese Stick (V)	Rise and Shine Waffles (V) Blueberry Topping (VE) Hot Oatmeal (V)	Egg & Cheese on a Buttermilk Biscuit (V) Breakfast Bar (V) Hot Oatmeal (V)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE) Hot Oatmeal (V)	Breakfast Quesadilla (V) Salsa (VE) Breakfast Bar (V)
15	16	17	18	19
Zucchini Carrot Breakfast Bread (V) Breakfast Bar (V)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE) Hot Oatmeal (V)	Breakfast Griddle Sandwich (V) Hot Oatmeal (V)	French Toast Sticks (V) Cherry Topping (VE) Hot Oatmeal (V)	Caprese Egg Sandwich on Ciabatta (V) Home Fries (V) Breakfast Bar (V)
22	23	Winter Recess 24	Winter Recess 25	Winter Recess 26
Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE)	Hot Cinnamon Knot (V) Breakfast Bar (V) Hot Oatmeal (V)	Egg & Cheese on a Croissant (V) Hot Oatmeal (V)	Buttermilk Pancakes (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V)	Egg & Cheese on a Bagel (V) Hashbrowns (VE) Breakfast Bar (V)
Winter Recess 29	Winter Recess 30	Winter Recess 31		
Banana Breakfast Bread (V) Cheddar Cheese Stick (V)	Rise and Shine Waffles (V) Blueberry Topping (VE) Hot Oatmeal (V)	Egg & Cheese on a Buttermilk Biscuit (V) Breakfast Bar (V) Hot Oatmeal (V)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE) Fresh New York Bagel Stick Assortment French Toast (V) Cinnamon Raisin (V) Plain (V) Breakfast Bar Yogurts (V) Assorted Berries & Fresh Cut Fruit (VE) Assorted Granola (V)

Milk 1% Low-fat (V) Fat Free Chocolate (V) Alternative options are available upon request

Cold Cereal Choices

Berry Toasted Oats (VE)

Blueberry Granola (VE)

Cereal with Oat Clusters (V) Cinnamon Vanilla
Granola (VE)
Honey Toasted Oats (V)
Shredded Wheat
Toasted Oats (VE)

OFFERED DAILY Options may vary by location

Breakfast After the Bell Grab and Go

Alternative Breakfast
Grab and Go
(Cereal, Fruit and Milk)

Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strauborrice (VIS)

Condiments Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

	Public Schools		V
DECEMBI	ER 2025: Breakfast Exp	oress Menu	

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Scooters (V) Blueberry Granola (V) Strawberry Banana Applesauce (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE)	Yogurt Choice (V) Apple Cinnamon Granola (V) Raisins (VE)	Whole Grain Croissant (V) Colby Jack Cheese Cubes (V)	Honey Corn Breakfast Bread (V) Honey Roasted Sunflower Seeds (V)
8	9	10	11	12
Honey Scooters (V) Blueberry Granola (V) Raisins (VE)	Banana Breakfast Bread (V) Cheddar Cheese Stick (V)	Yogurt Choice (V) Blueberry Granola (V) Raisins (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE)	Sweet Potato Oatmeal Muffin (V)
15	16	17	18	19
Frosted Mini Wheats Honey Graham Cracker (V) Plain or Strawberry Banana Applesauce (VE)	Zucchini Carrot Breakfast Bread (V)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE)	Yogurt Choice (V) Apple Cinnamon Granola (V) Raisins (VE)	Blueberry Breakfast Bread (V) Colby Jack Cheese Stick (V)
22	23	Winter Recess 24	Winter Recess 25	Winter Recess 26
Scooters (V) Blueberry Granola (V) Strawberry Banana Applesauce (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE)	Yogurt Choice (V) Apple Cinnamon Granola (V) Raisins (VE)	Whole Grain Croissant (V) Colby Jack Cheese Cubes (V)	Honey Corn Breakfast Bread (V) Honey Roasted Sunflower Seeds (V)
Winter Recess 29	Winter Recess 30	Winter Recess 31		
Honey Scooters (V) Blueberry Granola (V) Raisins (VE)	Banana Breakfast Bread (V) Cheddar Cheese Stick (V)	Yogurt Choice (V) Blueberry Granola (V) Raisins (VE)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)

Milk 1% Low-fat (V) Fat Free (V)

Fat Free Chocolate (V) Alternative options are available upon request

Cold Cereal Choices

Berry Toasted Oats (VE) Blueberry Granola (VE) Cereal with Oat Clusters (V) Cinnamon Vanilla Granola (VE) Honey Toasted Oats (V) Shredded Wheat

Toasted Oats (VE)

OFFERED DAILY

Options may vary by location

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk) **Seasonal Fresh Fruit**

Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries (VE)

> Condiments Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK



DECEMBER	2025: Puree	Breakfast	Menu
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Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Sweet Potato Oatmeal Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)	Zucchini Carrot Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Applesauce (VE)
8	9	10	11	12
Sweet Potato Oatmeal Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)	Zucchini Carrot Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Applesauce (VE)
15	16	17	18	19
Sweet Potato Oatmeal Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)	Zucchini Carrot Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Applesauce (VE)
22	23	Winter Recess 24	Winter Recess 25	Winter Recess 26
Sweet Potato Oatmeal Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Bananas (VE)	Zucchini Carrot Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Applesauce (VE)
Winter Recess 29	Winter Recess 30	Winter Recess 31		
Sweet Potato Oatmeal Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) Fruit Offering Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) Fruit Offering Diced Pears (VE)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V)

Alternative options are available upon request

Seasonal Fresh Fruit

Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries (VE)

> **Condiments** Syrup (VE)

OFFERED DAILY

Options may vary by location

Assorted Yogurts

Other Fruits
Applesauce, Sliced Peaches, Diced Pears, **Pineapples**

Cold Cereal Choices Berry Toasted Oats (VE) Blueberry Granola (VE) Cereal with Oat Clusters (V) Cinnamon Vanilla
Granola (VE)
Honey Toasted Oats (V)
Shredded Wheat
Toasted Oats (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



Available Daily Upon Request: Transitional, Thick Puree or Thin Puree

ATTENTION:

- All Pre-K Students CANNOT be Offered CHOCOLATE MILK
- Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy. Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, egumes, nuts, and/or fruit.

Public **Schools**

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Sweet Potato Oatmeal Muffin (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Egg & Cheese on a Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Buttermilk Pancakes (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Egg & Cheese on a Soft Roll (V) Hashbrowns (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
8	9	10	11	12
Zucchini Carrot Breakfast Bread (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Rise and Shine Waffle (V) Blueberry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Yogurt Choice (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Breakfast Quesadilla (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
15	16	17	18	19
Yogurt Choice (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Breakfast Griddle Sandwich (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	French Toast Sticks (V) Cherry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Caprese Egg Sandwich on a Soft Roll (V) Home Fries (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
22	23	Winter Recess 24	Winter Recess 25	Winter Recess 26
Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Sweet Potato Oatmeal Muffin (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Egg & Cheese on a Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Buttermilk Pancakes (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Egg & Cheese on a Soft Roll (V) Hashbrowns (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
Winter Recess 29	Winter Recess 30	Winter Recess 31		
Zucchini Carrot Breakfast Bread (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Rise and Shine Waffle (V) Blueberry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Yogurt Choice (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

OFFERED DAILY

Seasonal Fresh Fruit

Apple Slices, Bananas, Cantaloupe, Honeydew, Mandarins, Oranges, Strawberries (VE)

Other Fruits

Applesauce, Sliced Peaches, Diced Pears, Pineapples

Cold Cereal Choices Berry Toasted Oats (VE) Toasted Oats (VE) Options may vary by location

Assorted Yogurts

Condiments Syrup (VE)

OFNS has an extensive



 Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, egumes, nuts, and/or fruit.

PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months. Formula is to be provided by the parent.

<u>Milk</u>

Whole Milk (V) Alternative options are available upon request

(V) Indicates Vegetarian (VE) Indicates Vegan

_ /	Office of Food & Nutrition
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DECEMBER 2025: Pre-K - 8 Vegetarian Breakfast Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE)	Hot Cinnamon Knot (V) Yogurt Choice (V)	Egg & Cheese on a Croissant (V) Hot Oatmeal (V)	Buttermilk Pancakes (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V)	Egg & Cheese on a Bagel (V) Hashbrowns (VE)
8	9	10	11	12
Banana Breakfast Bread (V) Cheddar Cheese Stick (V)	Rise and Shine Waffles (V) Blueberry Topping (VE) Hot Oatmeal (V)	Egg & Cheese on a Buttermilk Biscuit (V) Yogurt Choice (V) Hot Oatmeal (V)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE) Hot Oatmeal (V)	Breakfast Quesadilla (V) Salsa (VE)
15	16	17	18	19
Zucchini Carrot Breakfast Bread (V) Yogurt Choice (V)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE) Hot Oatmeal (V)	Breakfast Griddle Sandwich (V) Hot Oatmeal (V)	French Toast Sticks (V) Cherry Topping (VE) Hot Oatmeal (V)	Caprese Egg Sandwich on Ciabatta (V) Home Fries (V)
22	23	Winter Recess 24	Winter Recess 25	Winter Recess 26
Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE)	Hot Cinnamon Knot (V) Yogurt Choice (V) Hot Oatmeal (V)	Egg & Cheese on a Croissant (V) Hot Oatmeal (V)	Buttermilk Pancakes (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V)	Egg & Cheese on a Bagel (V) Hashbrowns (VE)
Winter Recess 29	Winter Recess 30	Winter Recess 31		
Banana Breakfast Bread (V) Cheddar Cheese Stick (V)	Rise and Shine Waffles (V) Blueberry Topping (VE) Hot Oatmeal (V)	Egg & Cheese on a Buttermilk Biscuit (V) Yogurt Choice (V) Hot Oatmeal (V)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE) Fresh New York Bagel Stick Assortment French Toast (V) Cinnamon Raisin (V) Plain (V)
Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are	Cold Cereal Choices Berry Toasted Oats (VE) Blueberry Granola (VE) Cereal with Oat Clusters (V) Cinnamon Vanilla Granola (VE)	OFFERED DAILY Options may vary by location Breakfast After the Bell Grab and Go	Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at:

Honey Toasted Oats (V)
Toasted Oats (VE)

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)

Condiments Syrup (VE)



ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK



DECEMBER 2025: Pre-K - 8 Lunch Menu

	DECEMBER !	2025: Pre-K - 8	Lunch Menu	
Monday	Tuesday	Wednesday	Thursday	Friday
_			_	_
1	2	3	4	5
			Caribbean Spiced Jerk	Kidney Bean Rajma (VE)
	Honey Glazed Chicken	Turkey Quesadilla	Chicken	Manaia Namata (ME)
French Bread Pizza (V)		Salsa (VE)	Island Pasta (V)	Veggie Nuggets (VE) with Dipping Sauce (V)
	Garlic Noodles (VE)	Guisa (VL)	ioiana i aota (*)	with Dippling Gauce (v)
Basil Parmesan Carrots (V)		Tomato Vinaigrette	Cinnamon	Naan Bread (VE)
	Asian Cucumber Salad (VE)	Salad (VE)	Plantains (VE)	0 · · · · · · · · · · · · · · · · · · ·
Salad Bar				Curry Potatoes (VE)
Welcome Back Bar with	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Marinated Bean Salad (VE)	Zen & Zest Bar	Fiesta Bar	Leafy Green Bar	Eastern Harvest Bar
8	9	10	11	12
	Veggie Burgers (VE)			
	Veggie Cheeseburgers (V)	Falafel (VE)	Texas Lentil BBQ	Peri Peri Chicken
		With Tzatziki (V)	Sandwich (VE)	
Personal Pizza (V)	Hamburgers		Three Cheese	Garlicky Green Beans (VE)
Danahu Danasali (VE)	Cheeseburgers	Crispy Chicken Snacker	Grilled Cheese (V)	Valley Bigs (VE)
Ranchy Broccoli (VE)	Seasoned	With Tzatziki (V)	J 2 110000 (1)	Yellow Rice (VE)
	Wedge Fries (VE)	Greek Cucumber Salad (V)	Spiced Sweet Potatoes (VE)	
		. ,	. ,	Salad Bar
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Fiesta Bar
Pizza Bar	Classic Toppings Bar	Mediterranean Bar	Rainbow Bar	with Black Bean Salad (VE)
15	16	17	18	19
	Dia ette P			
	<u>Plastic Free</u>			
	<u>Lunch Day</u>	Rockin Chickpeas (VE)		
	0 11 41	. , ,		BBQ
Pizza Slice (V)	Chipotle	Rotini Marinara (VE)	Three Bean Chili (VE)	Veggie Nuggets (VE)
(.)	Garden Wrap (V)			roggio itaggoto (TL)
Super Hero Spinach (VE)	Grilled Chipotle	Mozzarella Sticks (V)	Turkey Chili	BBQ Chicken Bites
	Chicken Wrap	with Herbed Marinara (VE)	Brown Rice (VE)	
Seasoned Peas (VE)		Pizzalicious	,	Garlic Knot (V)
	Baby Carrots (VE)	Green Beans (VE)	Street Style Corn (V)	Cauli-Crunchers (V)
	with Ranch Dressing (V)	Salad Bar		Cauli-Cruffchers (V)
Salad Bar	Salad Bar	Mediterranean Bar	Salad Bar	Salad Bar
Pizza Bar	Plastic Free Bar	with White Bean Salad (VE)	Leafy Green Bar	Rainbow Bar
22	23	Winter Recess 24	Winter Recess 25	Winter Recess 26
	Garlic Parmesan			
	Veggie Nuggets (V)			
	Onella Dannasana			
	Garlic Parmesan Chicken Bites	Turkey Quesadilla	Caribbean Spiced Jerk	Kidney Bean Rajma (VE)
French Bread Pizza (V)	Officker Bites		Chicken	
	Butternut Squash	Salsa (VE)		Veggie Nuggets (VE)
Basil Parmesan Carrots (V)	Mac & Cheese (V)	Tomato Vinaigrette	Island Pasta (V)	with Dipping Sauce (V)
	Crispy Broccoli (V)	Salad (VE)		
		, ,	Cinnamon	Naan Bread (VE)
			Cinnamon Plantains (VE)	
Salad Bar	Honey Graham Crackers (V)			Naan Bread (VE) Curry Potatoes (VE)
Pizza Bar	Honey Graham Crackers (V) Salad Bar	Salad Bar		
			Plantains (VE)	Curry Potatoes (VE)
Pizza Bar With Balsamic	Salad Bar	Salad Bar	Plantains (VE) Salad Bar	Curry Potatoes (VE) Salad Bar
Pizza Bar With Balsamic Chickpea Salad (V)	Salad Bar Leafy Green Bar	Salad Bar Fiesta Bar	Plantains (VE) Salad Bar	Curry Potatoes (VE)
Pizza Bar With Balsamic Chickpea Salad (V)	Salad Bar Leafy Green Bar	Salad Bar Fiesta Bar	Plantains (VE) Salad Bar	Curry Potatoes (VE) Salad Bar
Pizza Bar With Balsamic Chickpea Salad (V)	Salad Bar Leafy Green Bar Winter Recess 30 Veggie Burgers (VE)	Salad Bar Fiesta Bar Winter Recess 31	Plantains (VE) Salad Bar	Curry Potatoes (VE) Salad Bar
Pizza Bar With Balsamic Chickpea Salad (V)	Salad Bar Leafy Green Bar Winter Recess 30	Salad Bar Fiesta Bar	Plantains (VE) Salad Bar	Curry Potatoes (VE) Salad Bar Eastern Harvest Bar
Pizza Bar With Balsamic Chickpea Salad (V) Winter Recess 29	Salad Bar Leafy Green Bar Winter Recess 30 Veggie Burgers (VE) Veggie Cheeseburgers (V)	Salad Bar Fiesta Bar Winter Recess 31 Falafel (VE) With Tzatziki (V)	Plantains (VE) Salad Bar	Curry Potatoes (VE) Salad Bar
Pizza Bar With Balsamic Chickpea Salad (V)	Salad Bar Leafy Green Bar Winter Recess 30 Veggie Burgers (VE) Veggie Cheeseburgers (V) Hamburgers	Salad Bar Fiesta Bar Winter Recess 31 Falafel (VE) With Tzatziki (V) Crispy Chicken Snacker	Plantains (VE) Salad Bar	Curry Potatoes (VE) Salad Bar Eastern Harvest Bar WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR
Pizza Bar With Balsamic Chickpea Salad (V) Winter Recess 29 Personal Pizza (V)	Salad Bar Leafy Green Bar Winter Recess 30 Veggie Burgers (VE) Veggie Cheeseburgers (V)	Salad Bar Fiesta Bar Winter Recess 31 Falafel (VE) With Tzatziki (V)	Plantains (VE) Salad Bar	Curry Potatoes (VE) Salad Bar Eastern Harvest Bar WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD.
Pizza Bar With Balsamic Chickpea Salad (V) Winter Recess 29	Salad Bar Leafy Green Bar Winter Recess 30 Veggie Burgers (VE) Veggie Cheeseburgers (V) Hamburgers Cheeseburgers Seasoned	Salad Bar Fiesta Bar Winter Recess 31 Falafel (VE) With Tzatziki (V) Crispy Chicken Snacker	Plantains (VE) Salad Bar	Curry Potatoes (VE) Salad Bar Eastern Harvest Bar WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR
Pizza Bar With Balsamic Chickpea Salad (V) Winter Recess 29 Personal Pizza (V)	Salad Bar Leafy Green Bar Winter Recess 30 Veggle Burgers (VE) Veggle Cheeseburgers (V) Hamburgers Cheeseburgers	Salad Bar Fiesta Bar Winter Recess 31 Falafel (VE) With Tzatziki (V) Crispy Chicken Snacker With Tzatziki (V)	Plantains (VE) Salad Bar	Curry Potatoes (VE) Salad Bar Eastern Harvest Bar WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS
Pizza Bar With Balsamic Chickpea Salad (V) Winter Recess 29 Personal Pizza (V) Ranchy Broccoli (VE)	Salad Bar Leafy Green Bar Winter Recess 30 Veggie Burgers (VE) Veggie Cheeseburgers (V) Hamburgers Cheeseburgers Seasoned Wedge Fries (VE)	Salad Bar Fiesta Bar Winter Recess 31 Falafel (VE) With Tzatziki (V) Crispy Chicken Snacker With Tzatziki (V) Greek Cucumber Salad (V)	Plantains (VE) Salad Bar	Curry Potatoes (VE) Salad Bar Eastern Harvest Bar WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS
Pizza Bar With Balsamic Chickpea Salad (V) Winter Recess 29 Personal Pizza (V) Ranchy Broccoli (VE) Salad Bar	Salad Bar Leafy Green Bar Winter Recess 30 Veggie Burgers (VE) Veggie Cheeseburgers (V) Hamburgers Cheeseburgers Seasoned Wedge Fries (VE) Salad Bar	Salad Bar Fiesta Bar Winter Recess 31 Falafel (VE) With Tzatziki (V) Crispy Chicken Snacker With Tzatziki (V) Greek Cucumber Salad (V) Salad Bar	Plantains (VE) Salad Bar	Curry Potatoes (VE) Salad Bar Eastern Harvest Bar WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS
Pizza Bar With Balsamic Chickpea Salad (V) Winter Recess 29 Personal Pizza (V) Ranchy Broccoli (VE)	Salad Bar Leafy Green Bar Winter Recess 30 Veggie Burgers (VE) Veggie Cheeseburgers (V) Hamburgers Cheeseburgers Seasoned Wedge Fries (VE)	Salad Bar Fiesta Bar Winter Recess 31 Falafel (VE) With Tzatziki (V) Crispy Chicken Snacker With Tzatziki (V) Greek Cucumber Salad (V) Salad Bar Mediterranean Bar	Plantains (VE) Salad Bar	Curry Potatoes (VE) Salad Bar Eastern Harvest Bar WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS
Pizza Bar With Balsamic Chickpea Salad (V) Winter Recess 29 Personal Pizza (V) Ranchy Broccoli (VE) Salad Bar Pizza Bar	Salad Bar Leafy Green Bar Winter Recess 30 Veggie Burgers (VE) Veggie Cheeseburgers (V) Hamburgers Cheeseburgers Seasoned Wedge Fries (VE) Salad Bar Classic Toppings Bar	Salad Bar Fiesta Bar Winter Recess 31 Falafel (VE) With Tzatziki (V) Crispy Chicken Snacker With Tzatziki (V) Greek Cucumber Salad (V) Salad Bar Mediterranean Bar DAILY OFFERINGS	Plantains (VE) Salad Bar Leafy Green Bar	Curry Potatoes (VE) Salad Bar Eastern Harvest Bar WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.
Pizza Bar With Balsamic Chickpea Salad (V) Winter Recess 29 Personal Pizza (V) Ranchy Broccoli (VE) Salad Bar Pizza Bar	Salad Bar Leafy Green Bar Winter Recess 30 Veggie Burgers (VE) Veggie Cheeseburgers (V) Hamburgers Cheeseburgers Seasoned Wedge Fries (VE) Salad Bar Classic Toppings Bar	Salad Bar Fiesta Bar Winter Recess 31 Falafel (VE) With Tzatziki (V) Crispy Chicken Snacker With Tzatziki (V) Greek Cucumber Salad (V) Salad Bar Mediterranean Bar DAILY OFFERINGS Wednesday	Plantains (VE) Salad Bar Leafy Green Bar Thursday	Curry Potatoes (VE) Salad Bar Eastern Harvest Bar WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.
Pizza Bar With Balsamic Chickpea Salad (V) Winter Recess 29 Personal Pizza (V) Ranchy Broccoli (VE) Salad Bar Pizza Bar Monday - Peanut Butter and/or Sunflower Seed Butter &	Salad Bar Leafy Green Bar Winter Recess 30 Veggie Burgers (VE) Veggie Cheeseburgers (V) Hamburgers Cheeseburgers Seasoned Wedge Fries (VE) Salad Bar Classic Toppings Bar Tuesday Peanut Butter and/or Sunflower Seed Butter &	Salad Bar Fiesta Bar Winter Recess 31 Falafel (VE) With Tzatziki (V) Crispy Chicken Snacker With Tzatziki (V) Greek Cucumber Salad (V) Salad Bar Mediterranean Bar DAILY OFFERINGS Wednesday Peanut Butter and/or Sunflower Seed Butter &	Plantains (VE) Salad Bar Leafy Green Bar Thursday Peanut Butter and/or Sunflower Seed Butter &	Curry Potatoes (VE) Salad Bar Eastern Harvest Bar WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN. Friday Peanut Butter and/or Sunflower Seed Butter &
Pizza Bar With Balsamic Chickpea Salad (V) Winter Recess 29 Personal Pizza (V) Ranchy Broccoli (VE) Salad Bar Pizza Bar Monday - Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE)	Salad Bar Leafy Green Bar Winter Recess 30 Veggie Burgers (VE) Veggie Cheeseburgers (V) Hamburgers Cheeseburgers Seasoned Wedge Fries (VE) Salad Bar Classic Toppings Bar Tuesday Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE)	Salad Bar Fiesta Bar Winter Recess 31 Falafel (VE) With Tzatziki (V) Crispy Chicken Snacker With Tzatziki (V) Greek Cucumber Salad (V) Salad Bar Mediterranean Bar DAILY OFFERINGS Wednesday - Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE)	Plantains (VE) Salad Bar Leafy Green Bar Leafy Green Bar Thursday - Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE)	Curry Potatoes (VE) Salad Bar Eastern Harvest Bar WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN. Friday Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE)
Pizza Bar With Balsamic Chickpea Salad (V) Winter Recess 29 Personal Pizza (V) Ranchy Broccoli (VE) Salad Bar Pizza Bar Monday Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Pretzels (VE)	Salad Bar Leafy Green Bar Winter Recess 30 Veggie Burgers (VE) Veggie Cheeseburgers (V) Hamburgers Cheeseburgers Seasoned Wedge Fries (VE) Salad Bar Classic Toppings Bar Tuesday Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Pretzels (VE)	Salad Bar Fiesta Bar Winter Recess 31 Falafel (VE) With Tzatziki (V) Crispy Chicken Snacker With Tzatziki (V) Greek Cucumber Salad (V) Salad Bar Mediterranean Bar DAILY OFFERINGS Wednesday Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Pretzels (VE)	Thursday - Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) - Hummus and Pretzels (VE)	Curry Potatoes (VE) Salad Bar Eastern Harvest Bar WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN. Friday Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Pretzels (VE)
Pizza Bar With Balsamic Chickpea Salad (V) Winter Recess 29 Personal Pizza (V) Ranchy Broccoli (VE) Salad Bar Pizza Bar Monday - Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE)	Salad Bar Leafy Green Bar Winter Recess 30 Veggie Burgers (VE) Veggie Cheeseburgers (V) Hamburgers Cheeseburgers Seasoned Wedge Fries (VE) Salad Bar Classic Toppings Bar Tuesday Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Pretzels (VE) Hot or Cold Cheese Sandwich (V)	Salad Bar Fiesta Bar Winter Recess 31 Falafel (VE) With Tzatziki (V) Crispy Chicken Snacker With Tzatziki (V) Greek Cucumber Salad (V) Salad Bar Mediterranean Bar DAILY OFFERINGS Wednesday - Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) - Hummus and Pretzels (VE) - Hot or Cold Cheese Sandwich (V)	Plantains (VE) Salad Bar Leafy Green Bar Leafy Green Bar Thursday - Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE)	Curry Potatoes (VE) Salad Bar Eastern Harvest Bar WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN. Friday Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Pretzels (VE) Hot or Cold Cheese Sandwich (V)
Pizza Bar With Balsamic Chickpea Salad (V) Winter Recess 29 Personal Pizza (V) Ranchy Broccoli (VE) Salad Bar Pizza Bar Monday - Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) - Hummus and Pretzels (VE) - Hot or Cold Cheese	Salad Bar Leafy Green Bar Winter Recess 30 Veggie Burgers (VE) Veggie Cheeseburgers (V) Hamburgers Cheeseburgers Seasoned Wedge Fries (VE) Salad Bar Classic Toppings Bar Tuesday Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Pretzels (VE) Hor or Cold Cheese Sandwich (V) Balsamic Chicken Salad	Salad Bar Fiesta Bar Winter Recess 31 Falafel (VE) With Tzatziki (V) Crispy Chicken Snacker With Tzatziki (V) Greek Cucumber Salad (V) Salad Bar Mediterranean Bar DAILY OFFERINGS Wednesday Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Pretzels (VE) Hot or Cold Cheese Sandwich (V) Balsamic Chicken Salad	Thursday - Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) - Hummus and Pretzels (VE) - Hot or Cold Cheese	Curry Potatoes (VE) Salad Bar Eastern Harvest Bar WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN. Friday Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Pretzels (VE) Hot or Cold Cheese Sandwich (V) Tuna Sandwich
Pizza Bar With Balsamic Chickpea Salad (V) Winter Recess 29 Personal Pizza (V) Ranchy Broccoli (VE) Salad Bar Pizza Bar Monday - Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) - Hummus and Pretzels (VE) - Hot or Cold Cheese	Salad Bar Leafy Green Bar Winter Recess 30 Veggie Burgers (VE) Veggie Cheeseburgers (V) Hamburgers Cheeseburgers Seasoned Wedge Fries (VE) Salad Bar Classic Toppings Bar Tuesday Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Pretzels (VE) Hot or Cold Cheese Sandwich (V)	Salad Bar Fiesta Bar Winter Recess 31 Falafel (VE) With Tzatziki (V) Crispy Chicken Snacker With Tzatziki (V) Greek Cucumber Salad (V) Salad Bar Mediterranean Bar DAILY OFFERINGS Wednesday - Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) - Hummus and Pretzels (VE) - Hot or Cold Cheese Sandwich (V)	Thursday - Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) - Hummus and Pretzels (VE) - Hot or Cold Cheese Sandwich (V)	Curry Potatoes (VE) Salad Bar Eastern Harvest Bar WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN. Friday Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Pretzels (VE) Hot or Cold Cheese Sandwich (V)

On designated Plant-Powered Menu days; meat-based products will not be offered.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries (VE) OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

ATTENTION:
All Pre-K Students CANNOT
be Offered Chocolate Milk or
Chicken On The Bone

Pre-K – 8 with CEE Service Tuesday - Friday Options

 Chicken Breaded Bite Grab & Go Salad
 Chicken Tender Wrap Prohibitive Ingredients List available at:

Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.



DECEMBER 2025: Pre-K - 8 Express Cold Lunch Menu

Monday	Tuesday	Wodpooday	Thursday	Eridov
Monday	Tuesday	Wednesday	Thursday	Friday
Hummus and Pretzels (VE), Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Crunchy Carrot Sticks (V)	Crispy Chicken Sesame Noodle Bowl Asian Cucumber Salad (VE)	Chicken Caesar Wrap Tomato Vinaigrette Salad (VE)	Italian Veggie Grab & Go Pasta Salad (VE) Zucchini Tomato Parmesan Salad (V)	Chicken Salad Hoagie Classic Potato Salad (V)
Black Bean & Corn Wrap (VE) Broccoli Salad (V)	Chicken Tender Wrap Confetti Corn Salad (VE)	Falafel Grab & Go Salad (V) Greek Cucumber Salad (V)	Lemon & Herb Lentil Grab & Go Salad (VE) Bruschetta Tomato Salad (V)	Chimichurri Chicken Wrap Savory Green Beans (VE)
15	16	17	18	19
Super Hero Spinach Wrap (V) Marinated Bean Salad (VE)	Grilled Chipotle Chicken Wrap Crunchy Carrot Sticks (VE) with Ranch Dressing (V)	Crispy Chicken Grab & Go Salad Seasoned Green Beans (VE)	Mediterranean Chickpea Wrap (VE) Zesty Corn Salad (VE)	BBQ Chicken Bite Grab & Go Salad Cauliflower Salad (VE)
22	23	Winter Recess 24	Winter Recess 25	Winter Recess 26
Red White & Green Panini (V) Ranch Carrot Sticks (V)	Chicken Breaded Bite Grab & Go Salad Broccoli Salad (V) Honey Graham Crackers (V)	Chicken Caesar Wrap Tomato Vinaigrette Salad (VE)	Italian Veggie Grab & Go Pasta Salad (VE) Zucchini Tomato Parmesan Salad (V)	Chicken Salad Hoagie Classic Potato Salad (V)
Winter Recess 29	Winter Recess 30	Winter Recess 31		
Black Bean & Corn Wrap (VE) Broccoli Salad (V)	Chicken Tender Wrap Confetti Corn Salad (VE)	Falafel Grab & Go Salad (V) Greek Cucumber Salad (V)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.
		DAILY OFFERINGS		
Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	Thursday Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Pretzels (VE) Cheese Sandwich (V)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V) • Rainbow Wrap (VE)

On designated Plant-Powered Menu days; meat-based products will not be offered.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available Seasonal Fresh Fruit
Apples, Apple Slices,
Bananas, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Mandarins,
Oranges, Pears,
Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List



Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.





DECEMBER 2025: Pre-K - 8 Express Hot Lunch Menu

Public Schools

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Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Sicilian Slice Pizza (V) Basil Parmesan Carrots (V) Italian Chickpeas (VE)	Honey Glazed Chicken Garlic Noodles (VE) Asian Cucumber Salad (VE)	Soft Turkey Tacos Salsa (VE) Chipotle Broccoli (V)	Caribbean Spiced Jerk Chicken Island Pasta (V) Cinnamon Plantains (VE)	Kidney Bean Rajma (VE) Naan Bread (VE) Curry Potatoes (VE)
8	9	10	11	12
Sicilian Slice Pizza (V) Ranchy Broccoli (VE) Roasted Chickpeas (VE)	Hamburgers Cheeseburgers Seasoned Wedge Fries (VE)	Crispy Chicken Snacker With Tzatziki (V) Greek Cucumber Salad (V)	Texas Lentil BBQ Sandwich (VE) Spiced Sweet Potatoes (VE)	Peri Peri Chicken Salsa (VE) Garlicky Green Beans (VE) Yellow Rice (VE)
15	16	17	18	19
Sicilian Slice Pizza (V) Super Hero Spinach (VE) Seasoned Peas (VE)	Grilled Chipotle Chicken Wrap Slow Roasted Baby Carrots (V)	Rockin Chickpeas (VE) Rotini Marinara (VE) Pizzalicious Green Beans (VE)	Turkey Chili Brown Rice (VE) Street Style Corn (V)	BBQ Chicken Bites Garlic Knot (V) Cauli-Crunchers (V) Ranch Carrot Snacker (V)
22	23	Winter Recess 24	Winter Recess 25	Winter Recess 26
Sicilian Slice Pizza (V) Basil Parmesan Carrots (V) Italian Chickpeas (VE)	Garlic Parmesan Chicken Bites Butternut Squash Mac & Cheese (V) Crispy Broccoli (V) Honey Graham Crackers (V)	Soft Turkey Tacos Salsa (VE) Adobo Green Beans (VE)	Caribbean Spiced Jerk Chicken Island Pasta (V) Cinnamon Plantains (VE)	Kidney Bean Rajma (VE) Naan Bread (VE) Curry Potatoes (VE)
Winter Recess 29	Winter Recess 30	Winter Recess 31		
Sicilian Slice Pizza (V) Ranchy Broccoli (VE) Roasted Chickpeas (VE)	Hamburgers Cheeseburgers Seasoned Wedge Fries (VE)	Crispy Chicken Snacker With Tzatziki (V) Greek Cucumber Salad (V)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.
		DAILY OFFERINGS		
Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)

On designated Plant-Powered Menu days; meat-based products will not be offered.

<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears,

OFNS has an extensive



Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

DECEMBER 2025: Puree Lunch Menu

Office of Food & N	utrition Services
NYC	Public Schools

DECEMBER 2025: Puree Lunch Menu					
Monday	Tuesday	Wednesday	Thursday	Friday	
1	2	3	4	5	
Manicotti (V) Basil Parmesan Carrots (V) Italian Chickpeas (VE) Fruit Offering Flavored Applesauce (VE)	Honey Glazed Chicken Garlic Noodles (VE) Asian Cucumber Salad (VE) Fruit Offering Diced Pears (VE)	Taco Seasoned Turkey Salsa (VE) Soft Roll (VE) Cinnamon Plantains (VE) Fruit Offering Sliced Peaches (VE)	Ranch Chicken Tenders Pasta (VE) Broccoli With Roasted Garlic (VE) Fruit Offering Applesauce (VE)	Kidney Bean Rajma (VE) Soft Roll (VE) Curry Potatoes (VE) Fruit Offering Bananas (VE)	
0	9	10	11	12	
Manicotti (V) Ranchy Broccoli (VE) Roasted Chickpeas (VE) Fruit Offering Flavored Applesauce (VE)	Hamburgers Cheeseburgers Seasoned Wedge Fries (VE) Fruit Offering Diced Pears (VE)	Chicken Tenders Salsa (VE) Soft Roll (VE) Steamed Carrot Coins (VE) Fruit Offering Sliced Peaches (VE)	Texas Lentil BBQ Sandwich (VE) Spiced Sweet Potatoes (VE) Fruit Offering Applesauce (VE)	Braised Tuna with Tomato Sauce Garlicky Green Beans (VE) Yellow Rice (VE) Fruit Offering Bananas (VE)	
15	16	17	18	19	
Manicotti (V) Super Hero Spinach (VE) Seasoned Peas (VE) Fruit Offering Flavored Applesauce (VE)	Fish and Cheese Sandwich Slow Roasted Baby Carrots (V) Fruit Offering Diced Pears (VE)	Rockin Chickpeas (VE) Rotini Marinara (VE) Pizzalicious Green Beans (VE) Fruit Offering Sliced Peaches (VE)	Taco Seasoned Turkey Brown Rice (VE) Street Style Corn (V) Fruit Offering Applesauce (VE)	BBQ Chicken Bites Soft Roll (VE) Roasted Cauliflower (VE) Steamed Carrot Coins (VE) Fruit Offering Bananas (VE)	
22	23	Winter Recess 24	Winter Recess 25	Winter Recess 26	
Manicotti (V) Basil Parmesan Carrots (V) Italian Chickpeas (VE) Fruit Offering Flavored Applesauce (VE)	Garlic Parmesan Chicken Bites Butternut Squash Mac & Cheese (V) Crispy Broccoli (V) Fruit Offering Diced Pears (VE)	Taco Seasoned Turkey Salsa (VE) Soft Roll (VE) Cinnamon Plantains (VE) Fruit Offering Sliced Peaches (VE)	Ranch Chicken Tenders Pasta (VE) Broccoli With Roasted Garlic (VE) Fruit Offering Applesauce (VE)	Kidney Bean Rajma (VE) Soft Roll (VE) Curry Potatoes (VE) Fruit Offering Bananas (VE)	
Winter Recess 29	Winter Recess 30	Winter Recess 31			
Manicotti (V) Ranchy Broccoli (VE) Roasted Chickpeas (VE) Fruit Offering Flavored Applesauce (VE)	Hamburgers Cheeseburgers Seasoned Wedge Fries (VE) Fruit Offering Diced Pears (VE)	Chicken Tenders Salsa (VE) Soft Roll (VE) Steamed Carrot Coins (VE) Fruit Offering Sliced Peaches (VE)	Daily Lunch Specials • Hummus and Soft Roll (VE) • 8 oz. Yogurt (V) • Tuna	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	
		OFFERED DAILY		OFNS has an extensive	

<u>Milk</u> 1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V) Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

(V) Indicates Vegetarian (VE) Indicates Vegan

Options may vary by location

Assorted Dressings

Seasonal Fresh Fruit
bles, Apple Slices, Bananas,
Cantaloupe, Grapefruit,
Grapes, Honeydew,
andarins, Oranges, Pears,
Strawberries (VE)

Other Fruits
Applesauce, Sliced Peaches,
Diced Pears, Pineapples



Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

Office of Food & Nutrition Services

DECEMBER 2025: Infant - Toddler Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
French Bread Pizza (V) Basil Parmesan Carrots (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Teriyaki Grilled Chicken Garlic Noodles (VE) Asian Cucumber Salad (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Turkey Quesadilla Tomato Vinaigrette Salad (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Veggie Nuggets (VE) with Dipping Sauce (V) Island Pasta (V) Cinnamon Plantains (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Kidney Bean Rajma (VE) Naan Bread (VE) Curry Potatoes (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
8	9	10	11	12
Personal Pizza (V) Ranchy Broccoli (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Hamburgers Cheeseburgers Seasoned Wedge Fries (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Cucumber Slices (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Three Cheese Grilled Cheese (V) Spiced Sweet Potatoes (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Chicken Tenders Garlicky Green Beans (VE) Yellow Rice (VE) Seasonal Fresh Fruit or Flavored Apple Sauce (VE) Milk (V)
15	16	17	18	19
Pizza Slice (V) Seasoned Peas (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Mozzarella Sticks (V) with Herbed Marinara (VE) Roasted Carrots Coins (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Rockin Chickpeas (VE) Rotini Marinara (VE) Pizzalicious Green Beans (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Turkey Chili Brown Rice (VE) Super Hero Spinach (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	BBQ Chicken Bites Cauli-Crunchers (V) Seasonal Fresh Fruit or Flavored Apple Sauce (VE) Milk (V)
22	23	Winter Recess 24	Winter Recess 25	Winter Recess 26
French Bread Pizza (V) Basil Parmesan Carrots (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Garlic Parmesan Chicken Bites Butternut Squash Mac & Cheese (V) Crispy Broccoli (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Turkey Quesadilla Tomato Vinaigrette Salad (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Veggie Nuggets (VE) with Dipping Sauce (V) Island Pasta (V) Cinnamon Plantains (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Kidney Bean Rajma (VE) Naan Bread (VE) Curry Potatoes (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
Winter Recess 29	Winter Recess 30	Winter Recess 31		
Personal Pizza (V) Ranchy Broccoli (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Hamburgers Cheeseburgers Seasoned Wedge Fries (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Cucumber Slices (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Daily Lunch Specials • Hot or Cold Cheese Sandwich (V) • Hummus and Soft Roll (VE) • 4 oz. Yogurt (V) • Tuna Sandwich	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

On designated Plant-Powered Menu days; meat-based products will not be offered.

ATTENTION:

Milk* Whole Milk (V) *Alternative options are available upon request All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit

Apple Slices, Bananas, Cantaloupe, Honeydew, Mandarins, Oranges, Strawberries (VE)

Other Fruits
Applesauce, Sliced Peaches,
Diced Pears, Pineapples

OFNS has an extensive Prohibitive Ingredients List available at:



PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months. Formula is to be provided by the parent. Consistencies upon request: puree, mashed and finely chopped.

Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

DECEMBER 2025: Pre-K - 8 Vegetarian Lunch Menu

520	ZINDLIK ZOZO.	r ic-it - o vege	tarian Eanon IV	iona
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
French Bread Pizza (V)	Teriyaki Veggie Nuggets (VE) Garlic Noodles (VE)	Fiesta Quesadilla (V) Salsa (VE)	Stewed Black Beans (VE) Island Pasta (V)	Kidney Bean Rajma (VE)
Basil Parmesan Carrots (V) Salad Bar	Asian Cucumber Salad (VE)	Tomato Vinaigrette Salad (VE)	Cinnamon Plantains (VE)	Naan Bread (VE) Curry Potatoes (VE)
Welcome Back Bar with Marinated Bean Salad (VE)	Salad Bar Zen & Zest Bar	<i>Salad Bar</i> Fiesta Bar	Salad Bar Leafy Green Bar	Salad Bar Eastern Harvest Bar
8	9	10	11	12
Personal Pizza (V)	Veggie Burgers (VE) Veggie Cheeseburgers (V)	Falafel (VE) With Tzatziki (V)	Texas Lentil BBQ Sandwich (VE) Three Cheese	Empanada (V) Garlicky Green Beans (VE)
Ranchy Broccoli (VE)	Seasoned	Greek Cucumber Salad (V)	Grilled Cheese (V)	Yellow Rice (VE)
Salad Bar	Wedge Fries (VE) Salad Bar	Salad Bar	Spiced Sweet Potatoes (VE) Salad Bar	Salad Bar Fiesta Bar
Pizza Bar	Classic Toppings Bar	Mediterranean Bar	Rainbow Bar	with Black Bean Salad (VE)
15	16	17	18	19
	<u>Plastic Free</u> <u>Lunch Day</u>	Rockin Chickpeas (VE) Rotini Marinara (VE)		
Pizza Slice (V)	Chipotle	Mozzarella Sticks (V)	Three Bean Chili (VE)	BBQ Veggie Nuggets (VE)
Super Hero Spinach (VE)	Garden Wrap (V)	with Herbed Marinara (VE) Pizzalicious	Brown Rice (VE)	Garlic Knot (V)
Seasoned Peas (VE)	Baby Carrots (VE) with Ranch Dressing (V)	Green Beans (VE)	Street Style Corn (V)	Cauli-Crunchers (V)
Salad Bar Pizza Bar	Salad Bar Plastic Free Bar	Salad Bar Mediterranean Bar with White Bean Salad (VE)	Salad Bar Leafy Green Bar	Salad Bar Rainbow Bar
22	23	Winter Recess 24	Winter Recess 25	Winter Recess 26
French Bread Pizza (V)	Garlic Parmesan Veggie Nuggets (V)	Fiesta Quesadilla (V)	Stewed Black Beans (VE)	Kidney Bean Rajma (VE)
, ,	Butternut Squash Mac & Cheese (V)	Salsa (VE)	Island Pasta (V)	Naan Bread (VE)
Basil Parmesan Carrots (V)	Crispy Broccoli (V) Honey Graham Crackers (V)	Tomato Vinaigrette Salad (VE)	Cinnamon Plantains (VE)	Curry Potatoes (VE)
Salad Bar Pizza Bar	Salad Bar	Salad Par	Salad Bar	Salad Bar
With Balsamic Chickpea Salad (V)	Leafy Green Bar	Salad Bar Fiesta Bar	Leafy Green Bar	Eastern Harvest Bar
Winter Recess 29	Winter Recess 30	Winter Recess 31		
Personal Pizza (V)	Veggie Burgers (VE)	Falafel (VE)		WE PROUDLY SUPPORT
Ranchy Broccoli (VE)	Veggie Cheeseburgers (V) Seasoned Wedge Fries (VE)	With Tzatziki (V) Greek Cucumber Salad (V)		LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.
Salad Bar	Veggle Cheeseburgers (V) Seasoned Wedge Fries (VE) Salad Bar	Greek Cucumber Salad (V) Salad Bar		GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS
	Veggle Cheeseburgers (V) Seasoned Wedge Fries (VE)	Greek Cucumber Salad (V)		GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS
Salad Bar	Veggle Cheeseburgers (V) Seasoned Wedge Fries (VE) Salad Bar	Greek Cucumber Salad (V) Salad Bar Mediterranean Bar	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS

Milk

1% Low-fat (V)

Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available Seasonal Fresh Fruit
Apples, Apple Slices,
Bananas, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Mandarins,
Oranges, Pears,
Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List



Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.



DECEMBER 2025: High School Lunch Menu

	DECEMBER 20	25: High Scho	oi Lunch Menu	
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
	Honey Glazed Chicken	Turkey Quesadilla	Caribbean Spiced Jerk Chicken	Kidney Bean Rajma (VE)
French Bread Pizza (V)	Garlic Noodles (VE)	Salsa (VE)	Island Pasta (V)	Veggie Nuggets (VE) with Dipping Sauce (V)
Basil Parmesan Carrots (V)	Asian Cucumber Salad (VE)	Tomato Vinaigrette Salad (VE)	Cinnamon Plantains (VE)	Naan Bread (VE)
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Curry Potatoes (VE) Salad Bar
Welcome Back Bar	Zen & Zest Bar	Fiesta Bar	Leafy Green Bar	Eastern Harvest Bar
8	9	10	11	12
Personal Pizza (V)	Veggie Burgers (VE) Veggie Cheeseburgers (V) Hamburgers	Falafel (VE) With Tzatziki (V)	Texas Lentil BBQ Sandwich (VE)	Peri Peri Chicken
Ranchy Broccoli (VE)	Cheeseburgers Seasoned	Crispy Chicken Snacker With Tzatziki (V)	Three Cheese Grilled Cheese (V)	Garlicky Green Beans (VE) Yellow Rice (VE)
	Wedge Fries (VE)	Greek Cucumber Salad (V)	Spiced Sweet Potatoes (VE)	renow Nice (VL)
Salad Bar Pizza Bar	Salad Bar Classic Toppings Bar	Salad Bar Mediterranean Bar	Salad Bar Rainbow Bar	Salad Bar Fiesta Bar
15	16	17	18	19
	<u>Plastic Free</u> <u>Lunch Day</u>	Packin Chickness (VE)		
	Chipotle Garden Wrap (V)	Rockin Chickpeas (VE) Rotini Marinara (VE)	Three Bean Chili (VE)	BBQ Veggie Nuggets (VE)
Pizza Slice (V) Super Hero Spinach (VE)	Grilled Chipotle	Mozzarella Sticks (V)	Turkey Chili	BBQ Chicken Bites
Super nero Spiliacii (VE)	Chicken Wrap Baby Carrots (VE)	with Herbed Marinara (VE) Pizzalicious	Brown Rice (VE) Street Style Corn (V)	Garlic Knot (V)
	with Ranch Dressing (V)	Green Beans (VE)		Cauli-Crunchers (V)
Salad Bar Pizza Bar	Salad Bar Plastic Free Bar	Salad Bar Mediterranean Bar	Salad Bar Leafy Green Bar	Salad Bar Rainbow Bar
22	23	Winter Recess 24	Winter Recess 25	Winter Recess 26
	Garlic Parmesan Veggie Nuggets (V)			
French Bread Pizza (V)	Garlic Parmesan Chicken Bites	Turkey Quesadilla	Caribbean Spiced Jerk Chicken	Kidney Bean Rajma (VE)
Basil Parmesan Carrots (V)	Butternut Squash Mac & Cheese (V)	Salsa (VE) Tomato Vinaigrette	Island Pasta (V)	Veggie Nuggets (VE) with Dipping Sauce (V)
	Crispy Broccoli (V)	Salad (VE)	Cinnamon Plantains (VE)	Naan Bread (VE)
Calad Bay	Honey Graham Crackers (V)	Salad Bar	Colod Box	Curry Potatoes (VE)
<i>Salad Bar</i> Pizza Bar	<i>Salad Bar</i> Leafy Green Bar	Fiesta Bar	Salad Bar Leafy Green Bar	Salad Bar Eastern Harvest Bar
Winter Recess 29	Winter Recess 30	Winter Recess 31		
Personal Pizza (V) Ranchy Broccoli (VE)	Veggie Burgers (VE) Veggie Cheeseburgers (V) Hamburgers Cheeseburgers	Falafel (VE) With Tzatziki (V) Crispy Chicken Snacker With Tzatziki (V)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS
	Seasoned Wedge Fries (VE)	Greek Cucumber Salad (V)		ARE HIGHLIGHTED IN GREEN.
Salad Bar Pizza Bar	Salad Bar Classic Toppings Bar	Salad Bar Mediterranean Bar		
Monday	Tuesday	DAILY OFFERINGS Wednesday	Thursday	Friday
- Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads (V)	Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad	Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Pretzels (VE) Hot or Cold Cheese Sandwich (V) Balsamic Chicken Salad	Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Pretzels (VE) Hot or Cold Cheese Sandwich (V) Tuna Sandwich Tuna Sandwich	Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Pretzels (VE) Hot or Cold Cheese Sandwich (V) Tuna Sandwich
	• Grab and Go Salads	Wrap • Grab and Go Salads	 Grab and Go Salads products will not be offere 	Grab and Go Salads Rainbow Wrap (VE)

On designated Plant-Powered Menu days; meat-based products will not be offered.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

ATTENTION:
All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries (VE)



Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners



DECEMBER 2025: High School Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Hummus and Pretzels (VE), Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Crunchy Carrot Sticks (V)	Crispy Chicken Sesame Noodle Bowl Asian Cucumber Salad (VE)	Chicken Caesar Wrap Tomato Vinaigrette Salad (VE)	Italian Veggie Grab & Go Pasta Salad (VE) Zucchini Tomato Parmesan Salad (V)	Chicken Salad Hoagie Classic Potato Salad (V)
8	9	10	11	12
Black Bean & Corn Wrap (VE) Broccoli Salad (V)	Chicken Tender Wrap Confetti Corn Salad (VE)	Falafel Grab & Go Salad (V) Greek Cucumber Salad (V)	Lemon & Herb Lentil Grab & Go Salad (VE) Bruschetta Tomato Salad (V)	Chimichurri Chicken Wrap Savory Green Beans (VE)
15	16	17	18	19
Super Hero Spinach Wrap (V) Marinated Bean Salad (VE)	Grilled Chipotle Chicken Wrap Crunchy Carrot Sticks (VE) with Ranch Dressing (V)	Crispy Chicken Grab & Go Salad Seasoned Green Beans (VE)	Mediterranean Chickpea Wrap (VE) Zesty Corn Salad (VE)	BBQ Chicken Bite Grab & Go Salad Cauliflower Salad (VE)
22	23	Winter Recess 24	Winter Recess 25	Winter Recess 26
Red White & Green Panini (V) Ranch Carrot Sticks (V)	Chicken Breaded Bite Grab & Go Salad Broccoli Salad (V) Honey Graham Crackers (V)	Chicken Caesar Wrap Tomato Vinaigrette Salad (VE)	Italian Veggie Grab & Go Pasta Salad (VE) Zucchini Tomato Parmesan Salad (V)	Chicken Salad Hoagie Classic Potato Salad (V)
Winter Recess 29	Winter Recess 30	Winter Recess 31		
Black Bean & Corn Wrap (VE) Broccoli Salad (V)	Chicken Tender Wrap Confetti Corn Salad (VE)	Falafel Grab & Go Salad (V) Greek Cucumber Salad (V)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.
		DAILY OFFERINGS		
Monday Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Pretzels (VE) Cheese Sandwich (V)	Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE)	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V) • Rainbow Wrap (VE)

On designated Plant-Powered Menu days; meat-based products will not be offered.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Bananas, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Mandarins,
Oranges, Pears,
Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.





DECEMBER 2025: High School Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Sicilian Slice Pizza (V) Basil Parmesan Carrots (V)	Honey Glazed Chicken Garlic Noodles (VE) Asian Cucumber Salad (VE)	Soft Turkey Tacos Salsa (VE) Chipotle Broccoli (V)	Caribbean Spiced Jerk Chicken Island Pasta (V) Cinnamon Plantains (VE)	Kidney Bean Rajma (VE) Naan Bread (VE) Curry Potatoes (VE)
Sicilian Slice Pizza (V) Ranchy Broccoli (VE)	Hamburgers Cheeseburgers Seasoned Wedge Fries (VE)	Crispy Chicken Snacker With Tzatziki (V) Greek Cucumber Salad (V)	Texas Lentil BBQ Sandwich (VE) Spiced Sweet Potatoes (VE)	Peri Peri Chicken Garlicky Green Beans (VE) Yellow Rice (VE)
15	16	17	18	19
Sicilian Slice Pizza (V) Super Hero Spinach (VE)	Grilled Chipotle Chicken Wrap Slow Roasted Baby Carrots (V)	Rockin Chickpeas (VE) Rotini Marinara (VE) Pizzalicious Green Beans (VE)	Turkey Chili Brown Rice (VE) Street Style Corn (V)	BBQ Chicken Bites Garlic Knot (V) Cauli-Crunchers (V)
22	23	Winter Recess 24	Winter Recess 25	Winter Recess 26
Sicilian Slice Pizza (V) Basil Parmesan Carrots (V)	Garlic Parmesan Chicken Bites Butternut Squash Mac & Cheese (V) Crispy Broccoli (V) Honey Graham Crackers (V)	Soft Turkey Tacos Salsa (VE) Adobo Green Beans (VE)	Caribbean Spiced Jerk Chicken Island Pasta (V) Cinnamon Plantains (VE)	Kidney Bean Rajma (VE) Naan Bread (VE) Curry Potatoes (VE)
Winter Recess 29	Winter Recess 30	Winter Recess 31		
Sicilian Slice Pizza (V) Ranchy Broccoli (VE)	Hamburgers Cheeseburgers Seasoned Wedge Fries (VE)	Crispy Chicken Snacker With Tzatziki (V) Greek Cucumber Salad (V)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.
		DAILY OFFERINGS		
Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese	Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)

On designated Plant-Powered Menu days; meat-based products will not be offered.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available Seasonal Fresh Fruit
Apples, Apple Slices,
Bananas, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Mandarins,
Oranges, Pears,
Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners





DECEMBER 2025: Food Court Menu

	DECEMBE	R 2025: Food (Jourt Menu	
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3		
Manicotti (V) in Marinara Sauce	Honey Glazed Chicken	Turkey Quesadilla Salsa (VE)	Caribbean Spiced Jerk Chicken	Kidney Bean Rajma (VE) Naan Bread (VE)
Basil Parmesan Carrots (V)	Garlic Noodles (VE)	Tomato Vinaigrette		
	Asian Cucumber Salad (VE)	Salad (VE)	Cinnamon Plantains (VE)	Curry Potatoes (VE)
Salad Bar Welcome Back Bar	Salad Bar Zen & Zest Bar	Salad Bar Fiesta Bar	Salad Bar Leafy Green Bar	Salad Bar Eastern Harvest Bar
8	9	10	11	12
Empanada (V) Ranchy Broccoli (VE)	Hamburgers Cheeseburgers Seasoned Wedge Fries (VE)	Crispy Chicken Snacker With Tzatziki (V) Greek Cucumber Salad (V)	Texas Lentil BBQ Sandwich (VE) Spiced Sweet Potatoes (VE)	Peri Peri Chicken Garlicky Green Beans (VE) Yellow Rice (VE)
<i>Salad Bar</i> Pizza Bar	Salad Bar Classic Toppings Bar	Salad Bar Mediterranean Bar	Salad Bar Rainbow Bar	Salad Bar Fiesta Bar
15	16	17	18	19
Falafel (VE) With Tzatziki (V) Super Hero Spinach (VE)	Grilled Chipotle Chicken Wrap Carrot Sticks (VE) with Ranch Dressing (V)	Rockin Chickpeas (VE) Rotini Marinara (VE) Pizzalicious Green Beans (VE)	Turkey Chili Brown Rice (VE) Street Style Corn (V)	BBQ Chicken Bites Garlic Knot (V) Cauli-Crunchers (V)
Salad Bar Pizza Bar	Salad Bar Rainbow Bar	Salad Bar Mediterranean Bar	Salad Bar Leafy Green Bar	Salad Bar Rainbow Bar
22	23	Winter Recess 24	Winter Recess 25	Winter Recess 26
Manicotti (V) in Marinara Sauce Basil Parmesan Carrots (V)	Garlic Parmesan Chicken Bites Butternut Squash Mac & Cheese (V) Crispy Broccoli (V)	Turkey Quesadilla Salsa (VE) Tomato Vinaigrette	Caribbean Spiced Jerk Chicken Island Pasta (V) Cinnamon	Kidney Bean Rajma (VE) Naan Bread (VE)
	Honey Graham Crackers (V)	Salad (VE)	Plantains (VE)	Curry Potatoes (VE)
Salad Bar Pizza Bar	Salad Bar Leafy Green Bar	Salad Bar Fiesta Bar	Salad Bar Leafy Green Bar	Salad Bar Eastern Harvest Bar
Winter Recess 29	Winter Recess 30	Winter Recess 31		
Empanada (V) Ranchy Broccoli (VE) Salad Bar Pizza Bar	Hamburgers Cheeseburgers Seasoned Wedge Fries (VE) Salad Bar Classic Toppings Bar	Crispy Chicken Snacker With Tzatziki (V) Greek Cucumber Salad (V) Salad Bar Mediterranean Bar		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.
Monday	Tuonday	DAILY OFFERINGS	Thursday	Evidou
Monday Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Pretzels (VE) Hot or Cold Cheese Sandwich (V) Grab and Go Salads (V) Pizza (V) Seasoned Wedge Fries (VE)	Tuesday - Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) - Hummus and Pretzels (VE) - Hot or Cold Cheese Sandwich (V) - Balsamic Chicken Salad Wrap - Grab and Go Salads - Chicken Tenders & Dinner Roll - Mozzarella Sticks (V) - Empanada (V) - Seasoned Wedge Fries (VE)	Wednesday Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Pretzels (VE) Hot or Cold Cheese Sandwich (V) Grab and Go Salads Tuna Sandwich Pizza (V) Chicken Bites & Dinner Roll Seasoned Wedge Fries (VE)	Thursday Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Pretzels (VE) Hot or Cold Cheese Sandwich (V) Balsamic Chicken Salad Wrap Grab and Go Salads Chicken Tenders & Dinner Roll Mozzarella Sticks (V) Empanada (V) Seasoned Wedge Fries (VE)	Friday Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Pretzels (VE) Hot or Cold Cheese Sandwich (V) Grab and Go Salads Tuna Sandwich Pizza (V) Chicken Bites & Dinner Roll Seasoned Wedge Fries (VE)
Oı	n designated Plant-Powere	d Menu days; meat-based	products will not be offere	ed
				OFNS has an extensive

Milk

1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V) Alternative options are available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries (VE)



Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners



DECEMBER 2025: After School Snack Menu

		VA/ 1		
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Crispy Tortilla (VE) Salsa (VE)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)	Animal Crackers (V) Milk (V)	Cheddar Cheese Stick (V) Fresh Fruit (VE)	Crunchy Carrot Sticks (VE) Hummus Cup (VE)
8	9	10	11	12
Mini Wheats Milk (V)	Heart Shaped Pretzels (VE) Hummus Cup (VE)	Honey Graham Crackers (V) Milk (V)	Colby Jack Cheese Cubes (V) Fresh Fruit (VE)	Multi-Grain Oats (VE) Milk (V)
15	16	17	18	19
Croissant (V) with Jelly (VE) Milk (V)	Honey Graham Biscuits (V) Milk (V)	Mozzarella Cheese Stick (V) Fresh Fruit (VE)	Apple Slices (VE) Peanut Butter (VE)	Yogurt Choice (V) Blueberry Granola (V)
22	23	Winter Recess 24	Winter Recess 25	Winter Recess 26
Crispy Tortilla (VE) Salsa (VE)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)	Animal Crackers (V) Milk (V)	Cheddar Cheese Stick (V) Fresh Fruit (VE)	Crunchy Carrot Sticks (VE) Hummus Cup (VE)
Winter Recess 29	Winter Recess 30	Winter Recess 31		
Mini Wheats Milk (V)	Heart Shaped Pretzels (VE) Hummus Cup (VE)	Honey Graham Crackers (V) Milk (V)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

All Fruit
Offerings are 1 cup

Seasonal Fresh Fruit
Apples, Apple Slices,
Bananas, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Mandarins,
Oranges, Pears,
Strawberries (VE)

OFNS has an extensive
Prohibitive Ingredients List
available at:



[•] Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• Vegan Item (VF): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables.

[•] Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



DECEMBER 2025: After School Infant - Toddler Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Soft Roll (VE) Hummus Cup (VE)	Croissant (V) Diced Peaches (VE)	Toasted Oats (VE) Milk (V)	Yogurt Choice (V) Diced Pineapples (VE)	Fresh Banana (VE) Milk (V)
8	9	10	11	12
Animal Crackers (V) Milk (V)	Yogurt Choice (V) Diced Pears (VE)	Apple Slices (VE) Milk (V)	Cucumber Slices (VE) Tzatziki (V)	Multi-Grain Oats (VE) Milk (V)
15	16	17	18	19
Soft Roll (VE) Hummus Cup (VE)	Croissant (V) Diced Peaches (VE)	Toasted Oats (VE) Milk (V)	Yogurt Choice (V) Diced Pineapples (VE)	Fresh Banana (VE) Milk (V)
22	23	Winter Recess 24	Winter Recess 25	Winter Recess 26
Animal Crackers (V) Milk (V)	Yogurt Choice (V) Diced Pears (VE)	Apple Slices (VE) Milk (V)	Cucumber Slices (VE) Tzatziki (V)	Multi-Grain Oats (VE) Milk (V)
Winter Recess 29	Winter Recess 30	Winter Recess 31		
Soft Roll (VE) Hummus Cup (VE)	Croissant (V) Diced Peaches (VE)	Toasted Oats (VE) Milk (V)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

Milk
Whole Milk (V)
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit

Apple Slices, Bananas, Cantaloupe, Honeydew, Mandarins, Oranges, Strawberries (VE)

Other Fruits

Applesauce, Sliced Peaches, Diced Pears, Pineapples

OFNS has an extensive Prohibitive Ingredients List available at:



PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available for youngsters 12 to 24 months. Formula is to be provided by the parent.

- Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Black Bean & Corn Wrap (VE) Seasoned Green Beans (VE) Fruit Offering Oranges	Grab & Go Tuna Salad Fresh Tomato Salad (V) Fruit Offering Pears	Curried Chicken Wrap Chickpea and Pimento Salad (VE) Fruit Offering Grapefruit	Hummus Grab & Go Salad (VE) Crunchy Carrot Sticks (VE) Fruit Offering Apple Slices	Italian Crispy Chicken Wrap Basil Corn Salad (VE) Fruit Offering Red Grapes
8	9	10	11	12
BBQ Veggie Nugget Wrap (VE) Ranch Carrot Sticks (V) Fruit Offering Mandarins	Asian Sesame Crispy Chicken Grab & Go Salad Asian Red Cabbage Slaw (V) Fruit Offering Apples	Chicken Salad Hoagie Green Garden Salad (VE) Fruit Offering Bananas	Chicken Breaded Bite Grab & Go Salad Zesty Corn Salad (VE) Fruit Offering Green Grapes	Chipotle Chicken Wrap Pinto Bean Salad (VE) Fruit Offering Pears
15	16	17	18	19
Red White & Green Panini (V) Confetti Corn Salad (VE) Fruit Offering Grapefruit	Chopped Salad Broccoli Salad (V) Fruit Offering Oranges	Balsamic Chicken Salad Wrap Classic Potato Salad (V) Fruit Offering Red Grapes	Falafel Grab & Go Salad (V) Greek Zucchini Salad (VE) Fruit Offering Bananas	Chicken Tender Wrap Balsamic Chickpea Salad (V) Fruit Offering Apple Slices
22	23	Winter Recess 24	Winter Recess 25	Winter Recess 26
Black Bean & Corn Wrap (VE) Seasoned Green Beans (VE) Fruit Offering Oranges	Grab & Go Tuna Salad Fresh Tomato Salad (V) Fruit Offering Pears	Curried Chicken Wrap Chickpea and Pimento Salad (VE) Fruit Offering Grapefruit	Hummus Grab & Go Salad (VE) Crunchy Carrot Sticks (VE) Fruit Offering Apple Slices	Italian Crispy Chicken Wrap Basil Corn Salad (VE) Fruit Offering Red Grapes
Winter Recess 29	Winter Recess 30	Winter Recess 31		
BBQ Veggie Nugget Wrap (VE) Ranch Carrot Sticks (V) Fruit Offering Mandarins	Asian Sesame Crispy Chicken Grab & Go Salad Asian Red Cabbage Slaw (V) Fruit Offering Apples	Chicken Salad Hoagie Green Garden Salad (VE) Fruit Offering Bananas	Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Cheese Sandwich (V) Hummus and Pretzel Grab & Go (VE) Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

OFFERED DAILY

Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:





DECEMBER 2025: After School Hot Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Mozzarella Sticks (V) with Herbed Marinara (VE) Herb Roasted Potatoes (VE) Green Garden Salad (VE) Fruit Offering Oranges	Caribbean Style Beef Patty Sweet Potato Waffle Fries (VE) Mixed Green Salad (V) Fruit Offering	Three Bean Chili Cheese Fries (V) Corn Bread (V) Green Garden Salad (VE) Fruit Offering	Spicy Crispy Chicken Sandwich Baked Beans (VE) Mixed Green Salad (V) Fruit Offering Apple Slices	Pineapple Pizza (V) Garlicky Green Beans (VE) Green Garden Salad (VE) Fruit Offering Red Grapes
	Pears	Grapefruit	у фр.: С сс	
8	9	10	11	12
Manicotti (V) in Marinara Sauce Parmigiana Spinach (V) Green Garden Salad (VE) Fruit Offering Mandarins	Chickpea Shawarma (VE) Naan Bread (VE) Roasted Curried Cauliflower (VE) Mixed Green Salad (VE) Fruit Offering Apples	Chicken Tenders with Dipping Sauce Garlic Knot (V) Confetti Corn (VE) Green Garden Salad (VE) Fruit Offering Bananas	Turkey Picadillo Brown Rice (VE) Adobo Green Beans (VE) Mixed Green Salad (VE) Fruit Offering Green Grapes	Pepper and Onion Pizza (V) Italian Roasted Carrots (VE) Green Garden Salad (VE) Fruit Offering Pears
15	16	17	18	19
Empanada (V) Guacamole (VE)	Chicken Bites with Dipping Sauce Crispy Broccoli (V)	Bruschetta Pizza (V)	Fish Nuggets	Lentil Bolognese (VE) with Penne Pasta (VE)
Spiced Sweet Potatoes (VE)	Garlic Knot (V)	Corn, Peas, Carrots (VE)	Roasted Zucchini (VE)	Parmigiana Peas (V)
Green Garden Salad (VE) Fruit Offering Grapefruit	Mixed Green Salad (V) Fruit Offering Oranges	Green Garden Salad (VE) Fruit Offering Red Grapes	Mixed Green Salad (V) Fruit Offering Bananas	Green Garden Salad (VE) Fruit Offering Apple Slices
22	23	Winter Recess 24	Winter Recess 25	Winter Recess 26
Mozzarella Sticks (V) with Herbed Marinara (VE) Herb Roasted Potatoes (VE) Green Garden Salad (VE) Fruit Offering Oranges	Caribbean Style Beef Patty Sweet Potato Waffle Fries (VE) Mixed Green Salad (V) Fruit Offering Pears	Three Bean Chili Cheese Fries (V) Corn Bread (V) Green Garden Salad (VE) Fruit Offering Grapefruit	Spicy Crispy Chicken Sandwich Baked Beans (VE) Mixed Green Salad (V) Fruit Offering Apple Slices	Pineapple Pizza (V) Garlicky Green Beans (VE) Green Garden Salad (VE) Fruit Offering Red Grapes
Winter Recess 29	Winter Recess 30	Winter Recess 31		
Manicotti (V) in Marinara Sauce Parmigiana Spinach (V) Green Garden Salad (VE) Fruit Offering Mandarins	Chickpea Shawarma (VE) Naan Bread (VE) Roasted Curried Cauliflower (VE) Mixed Green Salad (VE) Fruit Offering Apples	Chicken Tenders with Dipping Sauce Garlic Knot (V) Confetti Corn (VE) Green Garden Salad (VE) Fruit Offering Bananas	Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) + Hot or Cold Cheese Sandwich (V) + Hummus and Pretzel Grab & Go (VE) Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

OFFERED DAILY

<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries (VE)

OFNS has an extensive





DECEMBER 2025: After School Vegetarian Supper Menu

Monday Tuesday Wednesday Thursday F	riday
1 2 3 4	
	5
with Herbed Marinara (VE) Weggie Cheeseburgers (V) Weggie Cheeseburgers (V) Cheese Fries (V) Grilled Cheese (V) Garlicky G Garlicky G Garlicky G Green Garden Salad (VE) Mixed Green Salad (V) Fruit Offering	ple Pizza (V) Green Beans (VE) Green Salad (VE) Green Salad (VE) Green Salad (VE)
8 9 10 11	12
in Marinara Sauce Naan Bread (VE) Brown Rice (VE) Garlic Knot (V) Parmigiana Spinach (V) Roasted Curried Cauliflower (VE) Adobo Green Beans (VE) Green Garden Salad (VE) Mixed Green Salad (VE) Fruit Offering Fruit Offering Fruit Offering Fruit Offering Fruit Offering	r and Onion izza (V) sted Carrots (VE) orden Salad (VE) it Offering Pears
15 16 17 18	19
Guacamole (VE) Wrap (V) Corn, Peas, Carrots (VE) Spiced Sweet Potatoes (VE) Green Garden Salad (VE) Mixed Green Salad (V) Fruit Offering With Permit Offering With Permit Offering Fruit Offering Fruit Offering With Permit Offering Fruit Offering	plognese (VE) nne Pasta (VE) niana Peas (V) nrden Salad (VE) nit Offering ple Slices
22 23 Winter Recess 24 Winter Recess 25 Win	nter Recess 26
Mozzarella Sticks (V) with Herbed Marinara (VE) Herb Roasted Potatoes (VE) Green Garden Salad (VE) Wixed Green Salad (V) Fruit Offering Fruit Offering Fruit Offering Veggie Burgers (VE) Cheese Fries (V) Cheese Fries (V) Corn Bread (V) Baked Beans (VE) Mixed Green Salad (V) Fruit Offering	ple Pizza (V) Green Beans (VE) Griden Salad (VE) Grit Offering d Grapes
Winter Recess 29 Winter Recess 30 Winter Recess 31	
Parmigiana Spinach (V) Roasted Curried Cauliflower (VE) Green Garden Salad (VE) Mixed Green Salad (VE) Brown Rice (VE) Adobo Green Beans (VE) Adobo Green Beans (VE) Adobo Green Beans (VE) FRODU Sandwich (V) Hummus and Pretzel LOCALI GROWN, I PRODU ALL NEV ARE HIC	JDLY SUPPORT LY SOURCED, HARVESTED OR UCED FOOD. V YORK ITEMS GHLIGHTED IN GREEN.

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Bananas, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Mandarins,
Oranges, Pears,
Strawberries (VE)

OFNS has an extensive
Prohibitive Ingredients List
available at:



- Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or
- Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables legumes nuts and/or fruit





DECEMBER 2025: Saturday Cold Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
6	13	20	27	
Yogurt Choice (V) Apples (VE)	Blueberry Breakfast Bread (V) Milk (V)	Croissant (V) with Jelly (VE) Oranges (VE)	Sweet Potato Oatmeal Muffin (V) Milk (V)	
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request

Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



• Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy. • Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

O.F.N.S. WFOOD A Nutrition Services







DECEMBER 2025: Saturday Hot Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
6	13	20	27	
Buttermilk Pancakes (V) Apples (VE)	Rise and Shine Waffles (V) Milk (V)	French Toast Sticks (V) Oranges (VE)	Sweet Potato Oatmeal Muffin (V) Milk (V)	
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Seasonal Fresh Fruit
Apples, Apple Slices,
Bananas, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Mandarins,
Oranges, Pears,
Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

O.F.N.S. TIFOOD ALL LIAN DE



Office of Food & Nutrition Services
Public Schools



DECEMBER 2025: Saturday Cold Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
6	13	20	27	
Assorted Cold Sandwiches and Wraps Seasoned Corn (VE) Apples (VE) Milk (V)	Assorted Cold Sandwiches and Wraps Classic Potato Salad (V) Mandarins (VE) Milk (V)	Assorted Cold Sandwiches and Wraps Ranch Carrot Snackers (V) Pears (VE) Milk (V)	Assorted Cold Sandwiches and Wraps Broccoli Salad (V) Oranges (VE) Milk (V)	
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Bananas, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Mandarins,
Oranges, Pears,
Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

O.F.N.S. TIFOOD ALLIANEE







DECEMBER 2025: Saturday Hot Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
6	13	20	27	
Chicken Tenders Garlic Knot (V) Confetti Corn (VE) Apples (VE) Milk (V)	Hamburgers & Cheeseburgers Seasoned Wedge Fries (VE) Mandarins (VE) Milk (V)	Mozzarella Sticks (V) with Herbed Marinara (VE) Crispy Broccoli (V) Pears (VE) Milk (V)	Chicken Bites Dinner Roll (VE) Herb Roasted Potatoes (VE) Oranges (VE) Milk (V)	
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Bananas, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Mandarins,
Oranges, Pears,
Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

O.F.N.S. TIFOOD